

**My Irish Cousin Bread**  
Shopping List

brown rice flour  
corn starch (or tapioca starch)  
sorghum, soy or garfava flour  
masa harina  
salt (1.5 tsp)  
baking powder (1 Tbsp)  
xanthan gum (1 Tbsp)  
oil (6 oz.)  
eggs (3 large)  
sugar (1 tsp)

**“No Corn For Me” Gluten Free**  
**Bread**  
Shopping List

active dry yeast  
sugar  
brown rice flour  
tapioca starch  
sorghum flour  
almond flour  
guar gum  
salt  
eggs (3 large)  
olive oil  
apple cider vinegar

**Finally Really Good Gluten**  
**Free Sandwich Bread**  
Shopping List

brown rice flour  
corn starch (or tapioca starch)  
sorghum, soy or garfava flour  
masa harina  
bread machine or active dry yeast  
(1 Tbsp)  
sugar (1 Tbsp)  
xanthan gum (1 Tbsp)  
salt (2 tsp)  
eggs (3 large)  
oil (1.5 Tbsp)  
apple cider vinegar (1.5 tsp)